

**Delos Indian Ocean Shopping list!
(6 months 7 people 53 feet home)**



Other Stuff:

10 liters sun screen
1 Bucket for fruit 30x35x21cm
5 lighters for stove
1 big packs pegs
1 squeeze bottle for oil
15 pack coat hangers
1 oven mitt
1 big jar 10liters
1 oven tray 34x24cm
50 cockroach hotels
3 cockroach sprays
6 jars Borax
4 notepads
50 Garbage bags (medium size)
2 buckets for deck
2 small buckets for sink
4 squeeze bottle for sauce
2 packs Ziplock bags (large 2.5 liters)
2 packs Ziplock bags (medium 1.2 liters)
1 Aluminum foil
1 baking paper
(candles + hats)

Cleaning products + toiletries:

4 big shampoo
4 big conditioner
6 big body soap
5 big refill hand soap
2 toilet cleaner liquid
6 Kitchen cleaner spray
4 all purpose cleaning spray
2 wood cleaning liquids
6 bathroom cleaning sprays
5 dish brushes
20 kitchen sponges
4 metal sponges scrubber
1 big roll of kitchen cloths
1 glass cleaner
20 rolls paper towels
70 rolls toilet paper
8 spray bottles of mosquito repellent
50 Berocca (if cheap get more)
3 rolls + 3 sprays deodorant
10 toothpaste
8 toothbrushes
1 big pack Q-Tips
4 rolls cotton pads
10 liters dish washing liquid

4 big laundry detergent liquid
6 cheap vinegar bottles
Vacuum bags (same as old ones)

Dry goods:

2 Cocoa powder
20 coconut power packs
10 boxes (4in1) two minute noodles (approx. 250 packs)
Miso Soup (depending on prize)
100 small packs of yeast
500 black tea bags
1 small pack of decaf tea (frida)
100 earl gray tea bags
100 herbal tea bags
100 Ginger tea bags
5 (1kg each) refill bags of instant coffee
50 kg sugar
50 x 1kg bags of Flour
30 kg Rice
20 chia seed bags (depending on price)
4 sesame seed bags
15 sunflower seed bags
20 quinoa (depending on prize)
30 Lentils
Lin seeds (bulk?)
40 Glass noodle pack
40 Spaghetti packs
30 Pasta packs
10 couscous packs
20 kg Sushi rice
10 Avoreo rice (risotto rice)
60 Sushi roll paper (pack of 8-10st)
30 rolled oats (packs not jars)
10 cornflakes
10 Rice puffs
30 tortillas/wraps (check exp. date)
10 Curry paste (in plastic bags)
20 bags taco spice

Spices + Sauces:

(try to get plastic instead of glass)

1 Cardamom
2 Paprika
2 garlic powder
3 ground cinnamon
1 rosemary
3 cumin
1 bay leaf
1 chili powder
1 nutmeg
1kg table salt
2 packs grounded pepper
10 soy sauce (depending on size)
5 sweet and sour souse
4 mayonnaise
2 ketchup
4 mustard
2 balsamic vinegar
10 honey
20 Peanut butter (only with salt and peanuts)
5 jams
4 maple syrup
20 wasabi
Ginger (depending on size for sushi)
1 sushi vinegar (seasoned rice vinegar)
2 BBQ sauce
1 Marmite/Vegemite
3 Tabasco
2 hot souse
5 BIG jars Olive oil
5 BIG jars vegetable oil
5 taco salsa (medium hot)
2 parmesan in jar
1 Sesame oil
1 Kicap Manis
2 Horseradish
2 Worcestershire sauce
1 apple cider vinegar
3 packs of Chicken / Beef / Vege stock each

Snacks:

40 corn crackers (thin)
20 rice/other crackers (big pack)
20 packs raisins
10 packs Popcorn
30 packs potato chips (Pringles)
A LOT Corn chips (if possible)
Dried fruit

cashew nuts
Peanuts
Goji berries
Cranberries
Almonds
4 blocks of dark chocolate

Drinks:

(research soda streamer)
10 real cokes
20 tomato juice (check exp. date)
Cordials:
Coke
Ginger ale
Tonic
Juice (small packs)
Ice tea
Lemonade
100 liters UHT Milk (check exp date)
2 packs milk powder
30 soy milk
Beer?
Wine?
soda water?
tonic water?

Canned Foods:

10 olives
10 gurkens
30 chickpeas
20 green peas
40 corn kernel
10 pineapple chunks
40 tuna (dolphin safe)
40 whole mushrooms (normal ones)
20 whole tomatoes
40 tomato puree
20 crushed tomatoes
20 mini corns
10 artichokes
6 baked beans
6 black beans
6 kidney beans
5 peach

Hardware:

2 carwash for deck
1 buffer wax (good)